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# Interactions of Hermitian and non-Hermitian Hamiltonians 

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#### Abstract

The coupling of non-Hermitian $\mathcal{P} \mathcal{T}$-symmetric Hamiltonians to standard Hermitian Hamiltonians, each of which individually has a real energy spectrum, is explored by means of a number of soluble models. It is found that in all cases the energy remains real for small values of the coupling constant, but becomes complex if the coupling becomes stronger than some critical value. For a quadratic non-Hermitian $\mathcal{P} \mathcal{T}$-symmetric Hamiltonian coupled to an arbitrary real Hermitian $\mathcal{P} \mathcal{T}$-symmetric Hamiltonian, the reality of the ground-state energy for small enough coupling constant is established up to second order in perturbation theory.


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## 1. Introduction

Since the work by Bender and Boettcher [1] on non-Hermitian but $\mathcal{P T}$-symmetric Hamiltonians, subsequent research has gone through various stages. First came an exploration of various non-Hermitian generalizations of well-known soluble models to determine if their spectra are real. However, reality of the spectrum does not by itself guarantee a viable quantum theory. One also needs a probabilistic interpretation, and since the most obvious choice of metric for a $\mathcal{P} \mathcal{T}$-symmetric model is not positive definite, a Hilbert space endowed with this metric does not represent a physical framework for quantum mechanics. Instead, one must find an alternative, positive-definite metric [2-4], which is dynamically determined by the particular Hamiltonian in question. It was further shown [5] that this metric $\eta \equiv \mathrm{e}^{-Q}$ provides a similarity transformation from the non-Hermitian $H$ to an equivalent Hermitian $\tilde{H}$. This equivalent Hermitian Hamiltonian was subsequently constructed, often in perturbation theory only, in a variety of models [6-8].

[^0]These investigations were all concerned with isolated non-Hermitian systems, but more recently much attention has been given to situations where a non-Hermitian system interacts with the world of Hermitian quantum mechanics. For example, [9] examined a non-Hermitian analogue of the Stern-Gerlach experiment in which the role of the intermediate inhomogeneous magnetic field flipping the spin is replaced by an apparatus described by a non-Hermitian Hamiltonian. This type of set-up has been further elaborated by Assis and Fring [10] and Günther et al [11], and it continues to be the focus of lively discussion [12-16]. Recently, [17] explored the problem of scattering from localized non-Hermitian potentials.

It is in this spirit that we investigate the nature of the energy spectrum when Hermitian and non-Hermitian systems, individually having real spectra, are coupled together. In section 2 we first look at a simple matrix model and then in section 3 we explore couplings of various non-Hermitian quadratic Hamiltonians to a simple harmonic oscillator. Section 4 examines the reality of the spectrum in perturbation theory for a complex quadratic $\mathcal{P} \mathcal{T}$-symmetric Hamiltonian coupled to a generic real $\mathcal{P} \mathcal{T}$-symmetric and Hermitian Hamiltonian. We summarize our results in section 5.

## 2. Simple matrix model

In this section we consider coupling a Hermitian matrix Hamiltonian

$$
H_{1}=a \mathbf{1}+b \sigma_{1}=\left(\begin{array}{ll}
a & b  \tag{1}\\
b & a
\end{array}\right) \quad(a, b \text { real })
$$

to the non-Hermitian $\mathcal{P} \mathcal{T}$-symmetric matrix Hamiltonian introduced in [2]

$$
H_{2}=r\left(\mathbf{1} \cos \theta+\mathrm{i} \sin \theta \sigma_{3}\right)+s \sigma_{1}=\left(\begin{array}{cc}
r \mathrm{e}^{\mathrm{i} \theta} & s  \tag{2}\\
s & r \mathrm{e}^{-\mathrm{i} \theta} \theta
\end{array}\right) \quad(r, s, \theta \text { real }),
$$

where $\mathbf{1}$ is the identity matrix and $\sigma_{k}$ are the Pauli matrices. We choose the parameters $r, s$ and $\theta$ so that the inequality $s^{2}>r^{2} \sin ^{2} \theta$ is satisfied; this inequality guarantees that the eigenvalues of $H_{2}$ are real [2]. The parity operator is taken as

$$
\mathcal{P}=\sigma_{1}=\left(\begin{array}{ll}
0 & 1  \tag{3}\\
1 & 0
\end{array}\right)
$$

while $\mathcal{T}$ implements complex conjugation. Note that both $H_{1}$ and $H_{2}$ are symmetric under $\mathcal{P} \mathcal{T}$, and each separately has real eigenvalues.

To couple these two systems together we take the direct sum, but introduce nonzero elements in the off-diagonal sector

$$
H=\left(\begin{array}{cc|cc}
a & b & \epsilon A & \epsilon B  \tag{4}\\
b & a & \epsilon B^{*} & \epsilon A^{*} \\
\hline \epsilon C & \epsilon D & r \mathrm{e}^{\mathrm{i} \theta} & s \\
\epsilon D^{*} & \epsilon C^{*} & s & r \mathrm{e}^{-\mathrm{i} \theta}
\end{array}\right)
$$

These are chosen in such a way that $H$ remains invariant under combined parity reflection and time reversal, where the parity operator is given by

$$
\mathcal{P}=\mathbf{1} \otimes \sigma_{1}=\left(\begin{array}{ll|ll}
0 & 1 & 0 & 0  \tag{5}\\
1 & 0 & 0 & 0 \\
\hline 0 & 0 & 0 & 1 \\
0 & 0 & 1 & 0
\end{array}\right)
$$

and time reversal is complex conjugation.
The question is whether the eigenvalues of this combined system remain real, and if there is any constraint on the strength of the coupling parameter $\epsilon$. As a specific example we choose
$a=b=1$ in $H_{1}, r=s=1$ and $\theta=\pi / 6$ in $H_{2}$ and $A=C=1, B=D=0$ in the coupling matrices. Numerically, we find that in this case the eigenvalues remain real until $\epsilon$ exceeds a critical value of approximately 0.7045 . For other choices of the parameter the picture is similar. In all cases the eigenvalues remain real for $\epsilon$ sufficiently small. In some cases they appear to remain real for all values of $\epsilon$; in others, as in the example above, they become complex at a critical value of $\epsilon$ but then become real again beyond a second critical value.

## 3. Coupled quadratic Hamiltonians

To determine if the energy levels of a coupled system of Hamiltonians are real, our strategy here will be to find the $Q$ operator by using the condition that

$$
\begin{equation*}
H^{\dagger}=\mathrm{e}^{-\mathcal{Q}} H \mathrm{e}^{\mathcal{Q}} \tag{6}
\end{equation*}
$$

and then to construct the equivalent Hermitian Hamiltonian $\tilde{H}$ by using the similarity transformation

$$
\begin{equation*}
\tilde{H}=\mathrm{e}^{-\mathcal{Q} / 2} H \mathrm{e}^{\mathcal{Q} / 2} \tag{7}
\end{equation*}
$$

In some cases the resulting $\tilde{H}$ will need to be diagonalized by a further unitary transformation in order to identify the spectrum.

### 3.1. Simple harmonic oscillator coupled to a shifted simple harmonic oscillator

In this subsection we consider a quantum system described by the interaction of a conventional and a $\mathcal{P} \mathcal{T}$-symmetric Hamiltonian:

$$
\begin{equation*}
H=\left(p^{2}+x^{2}\right)+\left(q^{2}+y^{2}+2 \mathrm{i} y\right)+2 \epsilon x y . \tag{8}
\end{equation*}
$$

Since the Hamiltonian (8) is quadratic, we expect the $\mathcal{Q}$ operator to be linear in the momentum variables

$$
\begin{equation*}
\mathcal{Q}=\alpha p+\beta q \tag{9}
\end{equation*}
$$

which will produce the coordinate shifts

$$
\begin{equation*}
x \rightarrow x+\mathrm{i} \alpha \quad \text { and } \quad y \rightarrow y+\mathrm{i} \beta \tag{10}
\end{equation*}
$$

We determine $\alpha$ and $\beta$ by condition (6), which gives

$$
\begin{equation*}
\alpha=\frac{2 \epsilon}{1-\epsilon^{2}} \quad \text { and } \quad \beta=-\frac{2}{1-\epsilon^{2}} . \tag{11}
\end{equation*}
$$

It is somewhat surprising that we are able to determine $\alpha$ and $\beta$ because the condition $H^{\dagger}=\mathrm{e}^{-\mathcal{Q}} H \mathrm{e}^{\mathcal{Q}}$ translates into a system of three coupled linear equations with only two unknowns $\alpha$ and $\beta$. Yet, there is a unique solution. However, note that the solution becomes singular as $|\epsilon|$ reaches 1 .

Given $\mathcal{Q}$ we construct $\tilde{H}$ according to equation (7), which in this case produces

$$
\begin{equation*}
\tilde{H}=\mathrm{e}^{-\mathcal{Q} / 2} H \mathrm{e}^{\mathcal{Q} / 2}=p^{2}+x^{2}+q^{2}+y^{2}+2 \epsilon x y+\frac{1}{1-\epsilon^{2}} . \tag{12}
\end{equation*}
$$

We have identified the equivalent Hermitian Hamiltonian $\tilde{H}$, but it must still be diagonalized. To do so we change variables from $p, q, x$ and $y$ to $P, Q, X$ and $Y$ :
$p=a P+b Q, \quad q=c P+d Q, \quad x=e X+f Y, \quad y=g X+h Y$.

We determine the unknown coefficients $a$ through $h$ by requiring that (i) the canonical commutation relations

$$
\begin{array}{lll}
{[p, q]=0,} & {[x, y]=0,} & {[y, p]=0,}  \tag{14}\\
{[x, q]=0,} & {[x, p]=i,} & {[y, q]=i}
\end{array}
$$

be maintained, and that (ii) $\tilde{H}$, when expressed in terms of $X, Y, P$ and $Q$ contains no crossterms.

These two sets of conditions translate into six equations for the coefficients. The solutions to these six equations are
$c=\eta a, \quad d=-\eta b, \quad e=\frac{1}{2 a}, \quad f=\frac{1}{2 b}, \quad g=\frac{\eta}{2 a}, \quad h=-\frac{\eta}{2 b}$,
where $\eta= \pm 1$ and $a$ and $b$ are arbitrary. The resulting $\tilde{H}$ is given by

$$
\begin{equation*}
\tilde{H}=2 a^{2} P^{2}+\frac{1+\eta \epsilon}{2 a^{2}} X^{2}+2 b^{2} Q^{2}+\frac{1-\eta \epsilon}{2 b^{2}} Y^{2}+\frac{1}{1-\epsilon^{2}} \tag{16}
\end{equation*}
$$

which is the sum of two uncoupled quantum-harmonic-oscillator Hamiltonians.
Since the energy levels of the general-quantum-harmonic oscillator Hamiltonian $H=$ $A p^{2}+B x^{2}$ are

$$
\begin{equation*}
E_{n}=(2 n+1) \sqrt{A B} \quad(n=0,1,2, \ldots), \tag{17}
\end{equation*}
$$

the energy levels of $\tilde{H}$ in (16) are

$$
\begin{equation*}
E_{m, n}=(2 m+1) \sqrt{1+\epsilon}+(2 n+1) \sqrt{1-\epsilon}+\frac{1}{1-\epsilon^{2}} \tag{18}
\end{equation*}
$$

This result is independent of the constants $a$ and $b$ as well as the choice of the sign of $\eta$. The energy diverges at the critical value $|\epsilon|=1$ and becomes complex for $|\epsilon|>1$. Thus, there are two regions, depending on whether the Hermitian component of the Hamiltonian is coupled strongly or weakly to the non-Hermitian component of the Hamiltonian.

This result is not specific to the choice of coefficients in (8), as we now show by considering the more general Hamiltonian

$$
\begin{equation*}
H=\left(p^{2}+\omega_{1}^{2} x^{2}\right)+\left(q^{2}+\omega_{2}^{2} y^{2}+2 \mathrm{i} \lambda y\right)+2 \epsilon x y . \tag{19}
\end{equation*}
$$

Again, we take the $\mathcal{Q}$ operator to have the form $\mathcal{Q}=\alpha p+\beta q$, and determine $\alpha$ and $\beta$ by the condition that $H^{\dagger}=\mathrm{e}^{-\mathcal{Q}} H \mathrm{e}^{\mathcal{Q}}$. We obtain

$$
\begin{equation*}
\alpha=\frac{2 \epsilon \lambda}{\omega_{1}^{2} \omega_{2}^{2}-\epsilon^{2}} \quad \text { and } \quad \beta=-\frac{2 \omega_{1}^{2} \lambda}{\omega_{1}^{2} \omega_{2}^{2}-\epsilon^{2}} \tag{20}
\end{equation*}
$$

The equivalent Hermitian Hamiltonian is then

$$
\begin{equation*}
\tilde{H}=p^{2}+\omega_{1}^{2} x^{2}+q^{2}+\omega_{2}^{2} y^{2}+2 \epsilon x y+\frac{\lambda^{2} \omega_{1}^{2}}{\omega_{1}^{2} \omega_{2}^{2}-\epsilon^{2}} \tag{21}
\end{equation*}
$$

Making the ansatz in (13), we now obtain the unknown coefficients $a$ through $h$ by following the same procedure as above. The solutions are

$$
\begin{array}{lll}
c=\gamma a, & d=-\frac{b}{\gamma}, & e=\frac{1}{a\left(1+\gamma^{2}\right)}, \\
f=\frac{\gamma^{2}}{b\left(1+\gamma^{2}\right)}, & g=\frac{\gamma}{a\left(1+\gamma^{2}\right)}, & h=-\frac{\gamma}{b\left(1+\gamma^{2}\right)}, \tag{22}
\end{array}
$$

where $\gamma$ satisfies the quadratic equation

$$
\begin{equation*}
\epsilon \gamma^{2}+2 D \gamma-\epsilon=0 \tag{23}
\end{equation*}
$$

and we define

$$
\begin{equation*}
D=\frac{1}{2}\left(\omega_{1}^{2}-\omega_{2}^{2}\right) \quad \text { and } \quad S=\frac{1}{2}\left(\omega_{1}^{2}+\omega_{2}^{2}\right) \tag{24}
\end{equation*}
$$

The resulting Hermitian Hamiltonian $\tilde{H}$ is

$$
\begin{equation*}
\tilde{H}=P^{2}+\Omega_{1}^{2} X^{2}+Q^{2}+\Omega_{2}^{2} Y^{2}+\frac{\lambda^{2} \omega_{1}^{2}}{\omega_{1}^{2} \omega_{2}^{2}-\epsilon^{2}}, \tag{25}
\end{equation*}
$$

where we have used the freedom in the choice of $a$ and $b$ to set $a^{2}=1 /\left(1+\gamma^{2}\right)$ and $b^{2}=\gamma^{2} /\left(1+\gamma^{2}\right)$ and where the parameters $\Omega_{1}$ and $\Omega_{2}$ are given by

$$
\begin{equation*}
\Omega_{1}^{2}=S \pm \sqrt{D^{2}+\epsilon^{2}} \quad \text { and } \quad \Omega_{2}^{2}=S \mp \sqrt{D^{2}+\epsilon^{2}} \tag{26}
\end{equation*}
$$

The energy levels of the Hamiltonian (25) are
$E_{m, n}=(2 m+1) \sqrt{S+\left(D^{2}+\epsilon^{2}\right)^{1 / 2}}+(2 n+1) \sqrt{S-\left(D^{2}+\epsilon^{2}\right)^{1 / 2}}+\frac{\lambda^{2} \omega_{1}^{2}}{\omega_{1}^{2} \omega_{2}^{2}-\epsilon^{2}}$.
Again, we find that the energy diverges, this time at the critical value $|\epsilon|=\omega_{1} \omega_{2}$, and for $|\epsilon|$ larger than this value the energy becomes complex. Thus, again there are two regions, depending on whether the Hermitian component of the Hamiltonian is coupled strongly or weakly to the non-Hermitian component of the Hamiltonian.

### 3.2. Two coupled shifted simple harmonic oscillators

The pattern that we observed in the previous subsection re-emerges when we consider two coupled $\mathcal{P} \mathcal{T}$-symmetric non-Hermitian Hamiltonians:

$$
\begin{equation*}
H=\left(p^{2}+x^{2}+2 \mathrm{i} \lambda x\right)+\left(q^{2}+y^{2}+2 \mathrm{i} \mu y\right)+2 \epsilon x y . \tag{28}
\end{equation*}
$$

As before, we choose $\mathcal{Q}=\alpha p+\beta q$, and determine $\alpha$ and $\beta$ by condition (6). This gives

$$
\begin{equation*}
\alpha=2 \frac{\epsilon \mu-\lambda}{1-\epsilon^{2}} \quad \text { and } \quad \beta=2 \frac{\epsilon \lambda-\mu}{1-\epsilon^{2}} \tag{29}
\end{equation*}
$$

Applying (7), we obtain the equivalent Hermitian Hamiltonian

$$
\begin{equation*}
\tilde{H}=\mathrm{e}^{-\mathcal{Q} / 2} H \mathrm{e}^{\mathcal{Q} / 2}=p^{2}+x^{2}+q^{2}+y^{2}+2 \epsilon x y+\frac{\lambda^{2}+\mu^{2}-2 \epsilon \lambda \mu}{1-\epsilon^{2}} \tag{30}
\end{equation*}
$$

which is exactly the same as the result in (12), apart from the additive constant.

### 3.3. Simple harmonic oscillator coupled to Swanson Hamiltonian

Here we consider the non-Hermitian system described by the Swanson Hamiltonian [18], written in terms of coordinate and momentum variables instead of creation and annihilation operators:

$$
\begin{equation*}
H=\left(p^{2}+x^{2}\right)+\left(q^{2}+y^{2}+i c\{q, y\}_{+}\right)+2 \epsilon x y . \tag{31}
\end{equation*}
$$

We can exploit the ambiguity in $\mathcal{Q}$ for the Swanson Hamiltonian itself to choose $\mathcal{Q}=c y^{2}$. This shifts $q \rightarrow q-\mathrm{i} c y$ but leaves $y$, and hence the coupling term $2 \epsilon x y$, unchanged. The equivalent Hermitian Hamiltonian is then

$$
\begin{equation*}
\tilde{H}=p^{2}+x^{2}+q^{2}+\left(1+c^{2}\right) y^{2}+2 \epsilon x y \tag{32}
\end{equation*}
$$

which can be diagonalized to give

$$
\begin{equation*}
h=P^{2}+\Omega_{1}^{2} X^{2}+Q^{2}+\Omega_{2}^{2} Y^{2}, \tag{33}
\end{equation*}
$$

where

$$
\begin{equation*}
\Omega_{1,2}^{2}=1+\frac{1}{2} c^{2}\left(1 \pm \sqrt{1+4 \epsilon^{2} / c^{4}}\right) . \tag{34}
\end{equation*}
$$

Note that the eigenvalues

$$
\begin{equation*}
E_{m, n}=(2 m+1) \Omega_{1}+(2 n+1) \Omega_{2} \tag{35}
\end{equation*}
$$

now become complex when $\epsilon^{2}>1+c^{2}$. Indeed, in all of the examples studied in this section, the overall Hamiltonians are $\mathcal{P} \mathcal{T}$ symmetric, and the transition to complex eigenvalues is a signal of the spontaneous breakdown of that symmetry.

## 4. Coupling to generic Hermitian Hamiltonian

In this section we examine the physical system described by a non-Hermitian $\mathcal{P} \mathcal{T}$-symmetric harmonic oscillator Hamiltonian $H_{1}=p^{2}+x^{2}+2 \mathrm{i} x$ coupled to a general Hermitian Hamiltonian $H_{2}=p^{2}+V(y)$. The only assumptions we will make are that $H_{2}$ is separately $\mathcal{P}$ and $\mathcal{T}$ symmetric. Thus, we assume that $V(y)$ is real and is symmetric under parity reflection: $V(y)=V(-y)$. Using only these assumptions we are able to show that the perturbative expansion for the ground-state energy is real up to $\mathrm{O}\left(\epsilon^{2}\right)$.

The ground-state eigenfunction

$$
\begin{equation*}
\eta(x)=\mathrm{e}^{-(x+i)^{2} / 2} \tag{36}
\end{equation*}
$$

of the $\mathcal{P} \mathcal{T}$-symmetric harmonic oscillator satisfies the Schrödinger equation

$$
\begin{equation*}
-\eta^{\prime \prime}(x)+\left(x^{2}+2 \mathrm{i} x\right) \eta(x)=2 \eta(x) \tag{37}
\end{equation*}
$$

whose ground-state energy is 2 . Denoting the ground-state energy of $H_{2}$ by $\Lambda$, the ground-state wavefunction $\psi(y)$ satisfies the Schrödinger equation

$$
\begin{equation*}
-\psi^{\prime \prime}(y)+V(y) \psi(y)=\Lambda \psi(y) \tag{38}
\end{equation*}
$$

We couple $H_{1}$ and $H_{2}$ via the coupling term $\epsilon x y$, so that the total Hamiltonian is $H=H_{1}+H_{2}+\epsilon x y$, with $\epsilon$ considered as a small parameter. The ground-state eigenfunction $\Phi(x, y)$ of the combined system then satisfies the Schrödinger equation

$$
\begin{equation*}
-\Phi_{x x}+\left(x^{2}+2 \mathrm{i} x\right) \Phi-\Phi_{y y}+V(y) \Phi+\epsilon x y \Phi=E \Phi . \tag{39}
\end{equation*}
$$

Let us calculate $E$ and $\Phi(x, y)$ perturbatively. The first three terms in the perturbation expansion for the energy are

$$
\begin{equation*}
E=2+\Lambda+\epsilon E_{1}+\epsilon^{2} E_{2}+\cdots \tag{40}
\end{equation*}
$$

and we write

$$
\begin{equation*}
\Phi(x, y)=\Phi_{0}(x, y)+\epsilon \Phi_{1}(x, y)+\epsilon^{2} \Phi_{2}(x, y)+\cdots \tag{41}
\end{equation*}
$$

where

$$
\begin{equation*}
\Phi_{0}(x, y)=\mathrm{e}^{-(x+\mathrm{i})^{2} / 2} \psi(y) \tag{42}
\end{equation*}
$$

The coefficient of $\epsilon^{1}$ in the expansion of equation (39) is
$-\left(\Phi_{1}\right)_{x x}+\left(x^{2}+2 \mathrm{i} x\right) \Phi_{1}-\left(\Phi_{1}\right)_{y y}+V(y) \Phi_{1}=-x y \Phi_{0}+E_{0} \Phi_{1}+E_{1} \Phi_{0}$.
The solution to the homogeneous part of this equation is satisfied by $\Phi_{0}(x, y)=\eta(x) \psi(y)$. Using the method of reduction of order, we therefore set $\Phi_{1}=\Phi_{0}(x, y) Q(x, y)$. The integrating factor of the resulting equation is $\Phi_{0}$. Multiplying by this integrating factor gives the differential equation

$$
\begin{equation*}
\left(\Phi_{0}^{2} Q_{x}\right)_{x}+\left(\Phi_{0}^{2} Q_{y}\right)_{y}=\left(x y-E_{1}\right) \Phi_{0}^{2} . \tag{44}
\end{equation*}
$$

To find $E_{1}$ we integrate this equation over all $x$ and $y$ and note that the integrals over the total derivatives vanish. This gives the following expression for $E_{1}$ :

$$
\begin{equation*}
E_{1}=\frac{\int_{-\infty}^{\infty} \mathrm{d} x x \mathrm{e}^{-(x+\mathrm{i})^{2}} \int_{-\infty}^{\infty} \mathrm{d} y y \phi^{2}(y)}{\int_{-\infty}^{\infty} \mathrm{d} x \mathrm{e}^{-(x+\mathrm{i})^{2}} \int_{-\infty}^{\infty} \mathrm{d} y \phi^{2}(y)} . \tag{45}
\end{equation*}
$$

The integral over $\phi^{2}(y)$ in the numerator vanishes because of parity symmetry. Thus $E_{1}=0$. This result simplifies the differential equation satisfied by $Q(x, y)$ to

$$
\begin{equation*}
\left(\Phi_{0}^{2} Q_{x}\right)_{x}+\left(\Phi_{0}^{2} Q_{y}\right)_{y}=x y \Phi_{0}^{2} \tag{46}
\end{equation*}
$$

Proceeding to next order, we find the coefficient of $\epsilon^{2}$ in the expansion of equation (39):
$-\left(\Phi_{2}\right)_{x x}+\left(x^{2}+2 \mathrm{i} x\right) \Phi_{2}-\left(\Phi_{2}\right)_{y y}+V(y) \Phi_{2}=-x y \Phi_{1}+E_{0} \Phi_{2}+E_{2} \Phi_{0}$.
To solve this equation we again use reduction of order and set $\Phi_{2}(x, y)=\Phi_{0}(x, y) R(x, y)$. Multiplying by the integrating factor $\Phi_{0}$, we get

$$
\begin{equation*}
\left(\Phi_{0}^{2} R_{x}\right)_{x}+\left(\Phi_{0}^{2} R_{y}\right)_{y}=\left(x y Q-E_{2}\right) \Phi_{0}^{2} \tag{48}
\end{equation*}
$$

The next correction to the energy comes from integrating this equation over all space:

$$
\begin{equation*}
E_{2}=\frac{\int_{-\infty}^{\infty} \mathrm{d} x \int_{-\infty}^{\infty} \mathrm{d} y x y Q(x, y) \Phi_{0}^{2}(x, y)}{\int_{-\infty}^{\infty} \mathrm{d} x \int_{-\infty}^{\infty} \mathrm{d} y \Phi_{0}(x, y)^{2}} \tag{49}
\end{equation*}
$$

This time the correction does not vanish and we therefore must determine whether it is real or complex. Note that the integral in the denominator is real.

Let us assume that the numerator $I \equiv \int_{-\infty}^{\infty} \mathrm{d} x \int_{-\infty}^{\infty} \mathrm{d} y x y Q(x, y) \Phi_{0}^{2}(x, y)$ is complex and expand $\Phi_{0}^{2}(x, y)$ into its real and imaginary parts

$$
\begin{equation*}
\Phi_{0}^{2}(x, y)=\psi^{2}(y) \mathrm{e}^{1-x^{2}}[\cos (2 x)-\mathrm{i} \sin (2 x)] \equiv E(x, y)+\mathrm{i} F(x, y) \tag{50}
\end{equation*}
$$

Note that $E$ is even in $x$ and $y$, while $F$ is odd in $x$ and even in $y$. Next, we let $Q=S+\mathrm{i} T$. Then (46) reads

$$
\begin{equation*}
\left[(E+\mathrm{i} F)\left(S_{x}+\mathrm{i} T_{x}\right)\right]_{x}+\left[(E+\mathrm{i} F)\left(S_{y}+\mathrm{i} T_{y}\right)\right]_{y}=x y(E+\mathrm{i} F) \tag{51}
\end{equation*}
$$

Taking the real and imaginary parts of this equation, we obtain

$$
\begin{equation*}
\left(E S_{x}-F T_{x}\right)_{x}+\left(E S_{y}-F T_{y}\right)_{y}=x y E \tag{52}
\end{equation*}
$$

for the real part, and

$$
\begin{equation*}
\left(E T_{x}+F S_{x}\right)_{x}+\left(E T_{y}+F S_{y}\right)_{y}=x y F \tag{53}
\end{equation*}
$$

for the imaginary part. We conclude that $S$ is odd in $x$ and $y$ and that $T$ is even in $x$ and odd in $y$. Now

$$
\begin{equation*}
\operatorname{Im}(I)=\int_{-\infty}^{\infty} \mathrm{d} x \int_{-\infty}^{\infty} \mathrm{d} y x y(E T+S F) \tag{54}
\end{equation*}
$$

Here both $E T$ and $F S$ are even in $x$. (Both are also odd in $y$.) Thus, we have shown that $I$ is real.

This result establishes that for small enough $\epsilon$ the ground-state energy remains real. However, we do not have sufficient information to determine whether there is a critical value of $\epsilon$ at which the energy becomes complex. If, as in [19], we were able to establish that $E$ is a Herglotz function of $\epsilon$, that is, that $\operatorname{Im}(E)$ has the same sign as $\operatorname{Im}(\epsilon)$, then we would indeed know that there was such a critical value because a Herglotz function that is entire must be linear [20], whereas we have shown that $E_{2} \neq 0$. Unfortunately, we are at the moment unable to construct a proof of the Herglotz property of $E$.

## 5. Summary

We have shown in a number of examples that it is possible to couple Hermitian and $\mathcal{P} \mathcal{T}$ symmetric non-Hermitian Hamiltonians together in such a way that the energy eigenvalues of the combined system remain real for sufficiently small values of the coupling $\epsilon$. In the matrix model and in all of the quadratic systems we have studied there is a critical range of the coupling, which, if exceeded, results in a complex spectrum. For coupling to a more generic $\mathcal{P} \mathcal{T}$-symmetric potential we have as yet no analytic proof of the existence of a critical point in $\epsilon$.

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